

Revealing your child's values

Our children's values are uniquely their own and create how they perceive and act upon the world. Understanding the essence of your child and what lights them up will help them construct a personality that is the truest reflection of their soul, and elevate your communication, and relationship.

When answering the following, be as concise as you can, distilling your responses to several words only.

1. What fills your child's space? (What do they gravitate towards or play with the most)

2. How does your child spend most of their time? (if not with you, what do they/their caregivers tell you about their day and what they were interested in?)

3. Where is your child the most ordered and organised? (ie. what toys have special places, what things are cared for the most or tend to always be kept somewhere 'safe'?)



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8. What do you they like to tell you or other adults about?
9. What is the subject or action they are most lit up or animated by?
10. What shows do they like to watch most? What is it about the story or characters that captivates them?

Now, identify the answers that repeat most often by circling or highlighting the repeating answers or themes. Tally them up.

Summarise and prioritise what you see as your child's top values.
Top 5, from most important value to least.

- 1.
- 2.
- 3.
- 4.
- 5.

You now have a sense of what is most meaningful to your child right now, and where you can scaffold their learning and expansion. Anything you want them to know and understand about the world, relationships, and desired behaviours, communicate with their values in mind. Recognise and respect what is most important to them, and trust in their unfolding.

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